

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>(TS) = Town Square</p> <p>(J) = Junction</p> <p>(T) = Town</p> <p>All activities and locations are subject to change.</p>	<h1>January 2026</h1> <h2>ACTIVITIES CALENDAR</h2>		<p>New Year's Day</p> <p>9:30 - Core Strength (TS) 10:00 - Morning News (J) 10:30 - Snack and New Years Resolutions (J) 1:00 - Rest and Reconnect (TS) 2:00 - Manicures (TS) 3:00 - Mind and Motor Games (T) 6:00 - Creative Writing with Eve (J)</p>	<p>1</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News (J) 10:30 - Snack & Mind Games (J) 1:00 - Rest and Reconnect (TS) 2:00 - Hot Potato (TS) 3:00 - Cards and games (T) 6:00 - Sing-a-long with Clare</p>	<p>2</p>	<p>3</p> <p>9:30 - Working with Exercise Balls (TS) 10:00 - Morning News (J) 10:30 - Snack & Trivia Word History (J) 1:00 - Rest and Reconnect (TS) 2:00 - Card Games (T) 3:00 - Painting (T) 4:00 - Games and coloring (TS)</p>
<p>9:30 - Sunday Morning Stretches (TS) 10:00 - Reflections of Gratitude (J) 10:30 - Snack and Sunday Mass (J) 11:00 - Reading Round Table: (J) 1:00 - Rest and Reconnect (TS) 2:00 - Bean Bag Golf (TS) 3:00 - Open Art Studio (T) 6:00 Movie Night-</p>	<p>4</p> <p>9:30 - Today in History (TS) 9:45 - Exercise with Heather (TS) 10:30 - Snack & Reminiscing Laundry Day (TS) 1:00 - Rest and Reconnect 2:00 - Reading with Curt (J) 3:00 - Darts 6:00 - Sing-a-long with Clare (TS)</p>	<p>5</p> <p>9:30 - Exercise for Balance (TS) 10:00 - Morning News (J) 10:30 - Snack & Biography Queens (J) 1:00 - Rest and Reconnect (TS) 2:00 - Fine motor games (TS) 3:00 - Playing Uno (J) 6:00 - (J) Social with DJ</p>	<p>6</p> <p>9:30 - Exercise with Weights (TS) 10:00 - Morning News (J) 10:30 - Snack & Finish the phrase (J) 1:00 - Rest and Reconnect (TS) 1:30 - Knitting Club/Fabric Play (J) 3:00 - Carol Ann Jones (TS) 6:00 - Bingo (J)</p>	<p>7</p>	<p>8</p> <p>Elvis Birthday</p> <p>9:30 - Core Strength (TS) 10:00 - Morning News (J) 10:30 - Snack & Elvis Birthday (LiJ) 1:00 - Rest and Reconnect (TS) 2:00 - Manicures (TS) 3:00 - Pool Noodle Hockey (TS) 6:00 - Tea Tasting with Eve (J)</p>	<p>9</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News (J) 10:30 - Snack & Mind Games (J) 1:00 - Rest and Reconnect (TS) 2:00 - Snowball Toss (J) 3:00 - Craft Snow trees (T) 6:00 - Trivia Night (J)</p>
<p>9:30 - Sunday Morning Stretches (TS) 10:00 - Reflections of Gratitude (J) 10:30 - Snack and Sunday Mass (J) 11:00 - Skit Reading: (J) 1:00 - Rest and Reconnect (TS) 2:00 - Puzzle Hour (TS) 3:00 - Open Art Studio (T) 6:00 - Movie Night-</p>	<p>11</p> <p>9:30 - Today in History (TS) 9:45 - Exercise with Heather (TS) 10:30 - Snack & Reminiscing 1960's 1:00 - Rest and Reconnect (TS) 2:00 - Reading with Curt (J) 3:00 - Basketball 6:00 - Armchair Travel (J)</p>	<p>12</p> <p>9:30 - Exercise for Balance (TS) 10:00 - Morning News (J) 10:30 - Snack & Resident Council Meeting 1:00 - Rest and Reconnect 2:00 - Fine Motor Games 3:00 - Uno and hand massages (J) 6:00 - Social with DJ</p>	<p>13</p> <p>9:30 - Exercise with Weights (TS) 10:00 - Morning news (J) 10:30 - Snack and Drum Circle (J) 1:00 Rest and reconnect 2:00 - Knitting club/Fabric Play (J) 3:00 - Well dressed pets (T) 3:00 - Snack Social (TS) 6:00 - Bingo (J)</p>	<p>14</p>	<p>15</p> <p>9:30 - Core Strength (TS) 10:00 - Morning News (J) 10:30 - Snack Word Games 1:00 Butterfield's Live Music 2:00 - Manicures (TS) 3:00 - Golf (TS) 6:00 - Creative Writing with Eve (J)</p>	<p>16</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News (J) 10:30 - Snack and Live music Jazzou (TS) 1:00 - Rest and Reconnect (TS) 2:00 - Sensory play 3:00 - Corn hole (J) 6:00 - Sing-a-long with Clare (J)</p>
<p>9:30 - Sunday Morning Stretches (TS) 10:00 - Reflections of Gratitude (J) 10:30 - Snack and Sunday Mass (J) 11:00 - Skit Reading: (J) 1:00 - Rest and Reconnect (TS) 2:00 - Puzzle Hour (TS) 3:00 - Open Art Studio (T) 6:00 - Movie Night-</p>	<p>18</p> <p>Martin Luther King Jr. Day</p> <p>9:30 - Today in History (TS) 9:45 - Exercise with Heather (TS) 10:30 - Snack/ Civil Rights Movement (TS) 1:00 - Dan Levine Live music 2:00 - Reading with Curt (J) 3:00 - Bowling (T) 6:00 - Sing-a-long with Clare (TS)</p>	<p>19</p> <p>9:30 - Exercise for Balance (TS) 10:00 - Morning News (J) 10:30 - Snack & All about Penguins (Penguin awareness day) 1:00 - Rest and Reconnect (TS) 2:00 - Penguin Craft (T) 3:00 - Uno and Hand Massages (TS) 6:00 - Social with DJ (J)</p>	<p>20</p> <p>9:30 - Exercise with Weights (TS) 10:00 - Morning News (J) 10:30 - Snack and How it's made (J) 1:00 - Rest and Reconnect (TS) 1:30 - Knitting Club/Fabric Play (J) 2:00 - Can You See the Big Picture? (J) 3:00 - Happy Hour with Heather (TS) 6:00 - Bingo (J)</p>	<p>21</p>	<p>22</p> <p>9:30 - Core Strength (TS) 10:00 - Morning News (J) 10:30 - Snack and Word Game (J) 1:00 - Rest and Reconnect 2:00 - Manicures (J) 3:00 - Hot Potato (TS) 6:00 - Creative Writing with Eve</p>	<p>23</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News (J) 10:30 - Snack & Reminiscing (J) 1:00 - Rest & Reconnect (TS) 2:00 - Seated Soccer (TS) 3:00 - Sensory Play (J) 6:00 - Trivia Night (J)</p>
<p>9:30 - Sunday Morning Stretches (TS) 10:00 - Reflections of Gratitude (J) 10:30 - Snack and Sunday Mass (J) 11:00 - Reading Round Table: (J) 1:00 - Rest and Reconnect (TS) 2:00 - Puzzle Hour (TS) 3:00 - Open Art Studio (T) 6:00 - Movie Night -</p>	<p>25</p> <p>9:30 - Seated Cardio (TS) 10:00 - Morning News (J) 10:30 - Snack and Reminiscing-quiz class (TS) - 1:00 - Rest & Reconnect - 2:00 - Reading with Curt (J) 3:30 - PepperTherapy Dog (T) 6:00 - Armchair Travel (J)</p>	<p>26</p> <p>9:30 - Exercise for Balance (TS) 10:00 - Morning News (J) 10:30 - Snack & (J) 1:00 - Rest And Reconnect (TS) 2:00 - Fine Motor Games (TS) 3:00 - Playing Uno (J) - Hand Massages (T) 6:00 - Social with DJ (J)</p>	<p>27</p> <p>9:30 - Exercise with Weights (TS) 10:00 - Morning News (J) 10:30 - Snack and (J) 1:00 - Rest and Reconnect 1:30 - Knitting Club/Fabric (J) 2:30 - Name that tune (J) 3:00 - Snack social - (TS) 6:00 - Bingo (J)</p>	<p>28</p>	<p>29</p> <p>9:30 - Core Strength (TS) 10:00 - Morning News (J) 10:30 - Snack and Biography Virginia Wolf (J) 1:00 - Rest and Reconnect 2:00 - Pool Noddle Volleyball (TS) 3:00 - Sensory Play (T) 6:00 - Corn Hole (J) 6:00 - Writing Haiku's (J)</p>	<p>30</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News (J) 10:30 - Snack and Trivia "I should have known that!" (J) 1:00 - Rest and Reconnect 2:00 - Darts (TS) 3:00 - Painting (T) 4:00 - Games and Coloring (TS)</p>
						<p>31</p> <p>9:30 - Working with Exercise Balls (TS) 10:00 - Morning News (J) 10:30 - Snack and Trivia Word History (J) 1:00 - Rest and Reconnect (TS) 2:00 - Painting (T) 3:00 - Games and Coloring (TS)</p>