



# NOVEMBER 2025

**ACTIVITIES CALENDAR**



All activities are subject to change.



**Please Look to the Lobby TV for the Most Up-to-Date Schedule of Activities!**

**Outings:**  
**(Sign up at front desk)**

November 5 @ 10:30am  
Dunkin Donuts/Phoenix Books

November 19 @ 1:30pm  
Old Red Mill and Craft Shop

**Trips to Hannaford:**

November 10 @ 1:30pm  
November 24 @ 10:30am

Thursday, November 6  
**Song & Prayer with Pastor Bill**

Tuesday, 11/4 and Tuesday, 11/18  
**Catholic Mass on TV**

Tuesday, 11/11 and Tuesday, 11/25  
**Catholic Communion**

**ACTIVITIES TO KEEP ON YOUR RADAR**

Tuesday, November 4 at 2:00pm  
**November Birthday Social**

Thursday, November 6 at 3:00pm  
**Wine Tasting**

Tuesday, November 11 at 2:00pm  
**Honoring Our Veterans**

Wednesday, November 12 at 3:00pm  
**Happy Hour with Heather**

Monday, November 17 at 2:00pm  
**Resident Council Meeting**

Tuesday, November 18 at 1:30pm  
**2nd Annual Maple Ridge Craft Fair**

Thursday, November 20 at 3:00pm  
**Happy Hour with Tim**

**SATURDAY**

1

**9:30** - Exercise for Balance (Fitness Center)

**10:30** - Sing Along with Clare (Living Room)

**10:30** - Games (Bistro)

**1:00** - Essex Alliance Church (Theater)

**1:15** - Darts (Bistro)

**2:30** - Bingo (Dining Room)

**3:45** - Family Feud (Living Room)

**7:00** - GMA Weekly Roundup (Living Room)



# NOVEMBER 2025

## ACTIVITIES CALENDAR



**Maple Ridge Lodge**  
ASSISTED LIVING



All activities are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
<p><b>9:30</b> - Exercise Balls (Fitness Center)</p> <p><b>10:30</b> - Who Am I? (Living Room)</p> <p><b>1:00 - 3:00</b> - Afternoon of Games (Bistro)</p> <p><b>3:00</b> - Sunday Matinee: <i>The Lion King, Live Action</i> (Theater)</p> <p><b>3:30</b> - Afternoon Walk (Lobby)</p> <p><b>7:00</b> - Episode of <i>Buried Secrets of WWII</i> (Living Room)</p>	<p><b>9:30</b> - Monday Morning Wakeup (Fitness Center)</p> <p><b>10:30</b> - Maple Ridge Spelling Bee (Living Room)</p> <p><b>1:00</b> - Classical Music Matinee (Living Room)</p> <p><b>2:00</b> - Crafting Thanksgiving Garlands (Art Studio)</p> <p><b>3:30</b> - Visit with Pepper, the Therapy Dog (Bistro)</p> <p><b>4:00</b> - Rick Steves Travel Series (Living Room)</p>	<p><b>9:30</b> - Strength &amp; Posture (Fitness Center)</p> <p><b>10:15</b> - Cooking Club: Maple Peanut Butter Cookies (Kitchen)</p> <p><b>1:00</b> - Catholic Mass on TV (Theater)</p> <p><b>2:00</b> - Resident Social: November Birthdays (Bistro)</p> <p><b>2:45</b> - Cribbage (Bistro)</p> <p><b>3:15</b> - Golf (Fitness Center)</p> <p><b>4:00</b> - Trivia (Bistro)</p> <p><b>5:45</b> - Games with Maggie (Bistro)</p>	<p><b>9:30</b> - Seated Dance - Heather (Fitness Center)</p> <p><b>10:30</b> - Outing: Dunkin Donuts/ Phoenix Books (Signup @Desk)</p> <p><b>1:30</b> - Photo Voice Photography Project, Info Session (Living Room)</p> <p><b>2:00</b> - Live Music: Carol Ann Jones (Living Room)</p> <p><b>3:15</b> - Book Club (Library)</p> <p><b>4:00</b> - Cranium Crunches (Living Room)</p> <p><b>6:30</b> - Dominoes with Youth Group (Bistro)</p>	<p><b>9:30</b> - Working with Weights (Fitness Center)</p> <p><b>10:30</b> - Biography Series: Matthew McConaughey (Living Room)</p> <p><b>1:15</b> - Song &amp; Prayer with Pastor Bill (Theater)</p> <p><b>2:00</b> - Bocce (Fitness Center)</p> <p><b>3:00</b> - Wine Tasting (Bistro)</p> <p><b>7:00</b> - <i>Dancing with the Stars</i> (Living Room)</p>	<p><b>9:30</b> - Seated Yoga (Fitness Center)</p> <p><b>10:30</b> - Live Music with DJ Paul (Living Room)</p> <p><b>1:00</b> - Manicures (Bistro, Signup @Desk)</p> <p><b>1:30</b> - NatGeo: <i>The Imagineering Story</i> (Living Room)</p> <p><b>3:00</b> - Knitting Club (Library)</p> <p><b>4:00</b> - Afternoon Exercise (Fitness Center)</p> <p><b>7:00</b> - <i>The Amazing Race</i> (Living Room)</p>	<p><b>9:30</b> - Exercise for Balance (Fitness Center)</p> <p><b>10:30</b> - Open Art Studio with Bay (Art Studio)</p> <p><b>10:30</b> - Games (Bistro)</p> <p><b>1:00</b> - Essex Alliance Church (Theater)</p> <p><b>1:15</b> - Horseshoes (Fitness Center)</p> <p><b>2:30</b> - Bingo (Dining Room)</p> <p><b>3:45</b> - Chain Reaction (Living Room)</p> <p><b>7:00</b> - GMA Weekly Roundup (Living Room)</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10	VETERAN'S DAY 11	12	13	14	15
<p><b>9:30</b> - Exercise Balls (Fitness Center)</p> <p><b>10:30</b> - Tech Help with Bay (Bistro)</p> <p><b>1:00</b> - Dominoes (Bistro)</p> <p><b>2:00</b> - Traveling-Virtual Reality Headsets (Theater)</p> <p><b>3:00</b> - Sunday Matinee: <i>Little Women, 1949</i> (Theater)</p> <p><b>3:45</b> - WiiSports (Game Room)</p> <p><b>7:00</b> - Episode of <i>Buried Secrets of WWII</i> (Living Room)</p>	<p><b>9:30</b> - Monday Morning Wakeup (Fitness Center)</p> <p><b>10:30</b> - History Presentation: The Doolittle Raid (Living Room)</p> <p><b>1:00</b> - Classical Music Matinee (Living Room)</p> <p><b>1:30</b> - Trip to Hannaford (Lobby)</p> <p><b>3:00</b> - Paper Airplane Competition (Bistro)</p> <p><b>4:00</b> - Cranium Crunches (Living Room)</p>	<p><b>9:30</b> - Strength &amp; Posture (Fitness Center)</p> <p><b>10:15</b> - Cooking Club: Maple Glazed Apple Blondies (Kitchen)</p> <p><b>1:00</b> - Catholic Communion (Theater)</p> <p><b>2:00</b> - Resident Social: Honoring Our Veterans (Bistro)</p> <p><b>2:45</b> - Cribbage (Bistro)</p> <p><b>3:15</b> - Golf (Fitness Center)</p> <p><b>4:00</b> - Trivia (Bistro)</p> <p><b>5:45</b> - Games with Maggie (Bistro)</p>	<p><b>9:30</b> - Seated Dance with Heather (Fitness Center)</p> <p><b>10:30</b> - Making Seasonal Candles for the Craft Fair (Art Studio)</p> <p><b>1:00</b> - <i>Jungle Animal Rescue</i> (Living Room)</p> <p><b>2:00</b> - Drum Circle (Fitness Center)</p> <p><b>3:00</b> - Happy Hour with Heather (Dining Room)</p> <p><b>5:45</b> - Games with Bay (Bistro)</p>	<p><b>9:30</b> - Working with Weights (Fitness Center)</p> <p><b>10:30</b> - Biography Series: Neil Young (Living Room)</p> <p><b>1:00</b> - Recording of a Neil Young Concert (Fitness Center)</p> <p><b>2:00</b> - Finish the Phrase/Lyric (Living Room)</p> <p><b>3:15</b> - Bocce (Fitness Center)</p> <p><b>7:00</b> - <i>Dancing with the Stars</i> (Living Room)</p>	<p><b>9:30</b> - Seated Yoga (Fitness Center)</p> <p><b>10:30</b> - Scrapbooking/Card Making (Art Studio)</p> <p><b>1:00</b> - Manicures (Bistro, Signup @Desk)</p> <p><b>2:00</b> - Live Music: Jazzou (Living Room)</p> <p><b>3:00</b> - Knitting Club (Library)</p> <p><b>4:00</b> - Afternoon Exercise (Fitness Center)</p> <p><b>7:00</b> - <i>The Amazing Race</i> (Living Room)</p>	<p><b>9:30</b> - Exercise for Balance (Fitness Center)</p> <p><b>10:30</b> - Indoor Gardening Club (Living Room)</p> <p><b>10:30</b> - Games (Bistro)</p> <p><b>1:00</b> - Essex Alliance Church (Theater)</p> <p><b>1:15</b> - Basketball (Bistro)</p> <p><b>2:30</b> - Bingo (Dining Room)</p> <p><b>3:45</b> - Wheel of Fortune (Living Room)</p> <p><b>7:00</b> - GMA Weekly Roundup (Living Room)</p>



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16	17	18	19	20	21	22
<p><b>9:30</b> - Exercise Balls (Fitness Center)</p> <p><b>10:30</b> - Who Am I? (Living Room)</p> <p><b>1:00 - 3:00</b> - Afternoon of Games (Bistro)</p> <p><b>3:00</b> - Sunday Matinee: <i>Splash</i> (Theater)</p> <p><b>3:30</b> - Afternoon Walk (Lobby)</p> <p><b>7:00</b> - Episode of <i>Buried Secrets of WWII</i> (Living Room)</p>	<p><b>9:30</b> - Monday Morning Wakeup (Fitness Center)</p> <p><b>10:30</b> - Historical Mysteries (Living Room)</p> <p><b>1:00</b> - Classical Music Matinee (Living Room)</p> <p><b>2:00</b> - Resident Council Meeting (Dining Room)</p> <p><b>3:00</b> - Organize/Prepare for Craft Fair (Art Studio)</p> <p><b>4:00</b> - Cranium Crunches (Living Room)</p>	<p><b>9:30</b> - Strength &amp; Posture (Fitness Center)</p> <p><b>10:15</b> - Cooking Club: Salted Chocolate Almond Clusters (Kitchen)</p> <p><b>1:00</b> - Catholic Mass on TV (Theater)</p> <p><b>1:30</b> - Maple Ridge Craft Fair (Bistro)</p> <p><b>3:00</b> - Live Music: The Butterfields (Living Room)</p> <p><b>4:00</b> - Trivia (Bistro)</p> <p><b>5:45</b> - Games with Maggie (Bistro)</p>	<p><b>9:30</b> - Seated Dance with Heather (Fitness Center)</p> <p><b>10:30</b> - Travel Series: Turkey (Living Room)</p> <p><b>12:30</b> - Learning Cribbage (Bistro)</p> <p><b>1:30</b> - Outing: Old Red Mill and Craft Shop (Signup @Desk)</p> <p><b>3:15</b> - Book Club (Library)</p> <p><b>3:30</b> - MindFit with Gena (Living Room)</p> <p><b>5:45</b> - Games with Bay (Bistro)</p>	<p><b>9:30</b> - Working with Weights (Fitness Center)</p> <p><b>10:30</b> - Biography Series: Norman Rockwell (Living Room)</p> <p><b>1:00</b> - Bocce (Fitness Center)</p> <p><b>2:00</b> - Wellness Talk w/ Kandi from Bayada (Living Room)</p> <p><b>3:00</b> - Happy Hour (Dining Room)</p> <p><b>7:00</b> - <i>Dancing with the Stars</i> (Living Room)</p>	<p><b>9:30</b> - Seated Yoga (Fitness Center)</p> <p><b>10:30</b> - Scrapbooking/Card Making (Art Studio)</p> <p><b>1:00</b> - Manicures (Bistro, Signup @Desk)</p> <p><b>1:30</b> - NatGeo: <i>The Imagineering Story</i> (Living Room)</p> <p><b>3:00</b> - Knitting Club (Library)</p> <p><b>4:00</b> - Afternoon Exercise (Fitness Center)</p> <p><b>7:00</b> - <i>The Amazing Race</i> (Living Room)</p>	<p><b>9:30</b> - Exercise for Balance (Fitness Center)</p> <p><b>10:30</b> - Open Art Studio with Bay (Art Studio)</p> <p><b>10:30</b> - Games (Bistro)</p> <p><b>1:00</b> - Essex Alliance Church (Theater)</p> <p><b>1:15</b> - Ladder Ball (Fitness Center)</p> <p><b>2:30</b> - Bingo (Dining Room)</p> <p><b>3:45</b> - Jeopardy (Living Room)</p> <p><b>7:00</b> - GMA Weekly Roundup (Living Room)</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	THANKSGIVING 27	28	29
<p><b>9:30</b> - Exercise Balls (Fitness Center)</p> <p><b>10:30</b> - Tech Help with Bay (Bistro)</p> <p><b>1:00</b> - Dominoes (Bistro)</p> <p><b>2:00</b> - Traveling-Virtual Reality Headsets (Theater)</p> <p><b>3:00</b> - Sunday Matinee: <i>Amy</i> (Theater)</p> <p><b>3:45</b> - WiiSports (Game Room)</p> <p><b>7:00</b> - Episode of <i>Buried Secrets of WWII</i> (Living Room)</p>	<p><b>9:30</b> - Morning Wakeup (Fitness Center)</p> <p><b>10:15</b> - Classical Music (Living Room)</p> <p><b>10:30</b> - Trip to Hannaford (Lobby)</p> <p><b>1:00</b> - Balloon Tennis (Fitness Center)</p> <p><b>2:00</b> - Live Music: Dan Levine (Living Room)</p> <p><b>3:00</b> - Making Corn Husk Dolls (Art Studio)</p> <p><b>4:00</b> - Cranium Crunches (Living Room)</p>	<p><b>9:30</b> - Strength &amp; Posture (Fitness Center)</p> <p><b>10:15</b> - Cooking Club: Savory Cranberry Stuffing Snack Mix (Kitchen)</p> <p><b>1:00</b> - Catholic Communion (Theater)</p> <p><b>2:00</b> - Resident Social (Bistro)</p> <p><b>2:45</b> - Cribbage (Bistro)</p> <p><b>3:15</b> - Golf (Fitness Center)</p> <p><b>4:00</b> - Trivia (Bistro)</p> <p><b>5:45</b> - Games with Maggie (Bistro)</p>	<p><b>9:30</b> - Seated Cardio (Fitness Center)</p> <p><b>10:30</b> - Thanksgiving Lore and Traditions (Living Room)</p> <p><b>1:00</b> - <i>Jungle Animal Rescue</i> (Living Room)</p> <p><b>2:00</b> - Learning Cribbage (Bistro)</p> <p><b>3:00</b> - Karaoke (Living Room)</p> <p><b>5:45</b> - Games with Bay (Bistro)</p>	<p><b>9:30</b> - Working with Weights (Fitness Center)</p> <p><b>10:30</b> - Learning About Turkeys (Living Room)</p> <p><b>11:00</b> - Macy's Parade (Living Room)</p> <p><b>12:00</b> - National Dog Show (Living Room)</p> <p><b>1:00</b> - Non-Denominational Songs/Prayers for Thanksgiving (Living Room)</p> <p><b>2:00</b> - Turkey Toss Game (Bistro)</p> <p><b>3:00</b> - Turkey Trivia (Bistro)</p> <p><b>4:00</b> - A Charlie Brown Thanksgiving (Living Room)</p>	<p><b>9:30</b> - Seated Yoga (Fitness Center)</p> <p><b>10:30</b> - Scrapbooking/Card Making (Art Studio)</p> <p><b>1:00</b> - Manicures (Bistro, Signup @Desk)</p> <p><b>1:30</b> - NatGeo: <i>The Imagineering Story</i> (Living Room)</p> <p><b>3:00</b> - Knitting Club (Library)</p> <p><b>4:00</b> - Afternoon Exercise (Fitness Center)</p> <p><b>7:00</b> - <i>The Amazing Race</i> (Living Room)</p>	<p><b>9:30</b> - Exercise for Balance (Fitness Center)</p> <p><b>10:30</b> - Sing Along with Clare (Living Room)</p> <p><b>10:30</b> - Games (Bistro)</p> <p><b>1:00</b> - Essex Alliance Church (Theater)</p> <p><b>1:15</b> - Cornhole (Fitness Center)</p> <p><b>2:30</b> - Bingo (Dining Room)</p> <p><b>3:45</b> - Deal or No Deal (Living Room)</p> <p><b>7:00</b> - GMA Weekly Roundup (Living Room)</p>



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### SUNDAY

30

**9:30** - Exercise  
Balls  
(Fitness Center)

**10:30** - Who Am  
I? (Living Room)

**1:00 - 3:00** -  
Afternoon of  
Games (Bistro)

**3:00** - Sunday  
Matinee: *Snow  
White, Live  
Action* (Theater)

**3:30** - Afternoon  
Walk (Lobby)

**7:00** - Episode  
of *Buried  
Secrets of WWII*  
(Living Room)