

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---|---|---|--|--|---|---|--|
| <div>Maple Ridge</div> <div>MEMORY CARE</div> <div>(TS) = Town Square</div> <div>(J) = Junction</div> <div>(T) = Town</div> | <div>LABOR DAY1</div> <div>9:30 - Seated Cardio (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Earth Moods: Frozen Calm</i> (TS)</div> <div>11:00 - Learning About Labor Day (J)</div> <div>- Labor Day Laughs (T)</div> <div>1:00 - List It! - Labor Day Edition (T)</div> <div>2:00 - Reading with Curt (J)</div> <div>-Tending to the Gardens</div> <div>3:00 - Labor Day Coloring/Painting (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Singalong with Clare (TS)</div> | <div>2</div> <div>9:30 - Exercise for Balance (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & Detroit Youth Choir (J)</div> <div>11:00 - Walking Club</div> <div>1:00 - Corn Hole (TS)</div> <div>2:00 - Painting Tote Bags (T)</div> <div>- Resident Choice (J)</div> <div>3:00 - Playing Uno (J)</div> <div>- Hand Massages (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Armchair Travel (J)</div> | <div>3</div> <div>9:30 - Exercise with Weights (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Cheers</i> (J)</div> <div>11:00 - Resident Council Meeting (J)</div> <div>1:00 - Table Golf (TS)</div> <div>1:30 - Knitting Club/Fabric Play (J)</div> <div>2:30 - September Birthday Party (TS)</div> <div>3:30 - Live Music: Carol Ann Jones(TS)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Bingo (J)</div> | <div>4</div> <div>9:30 - Core Strength (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and Song & Prayer with Pastor Bill (J)</div> <div>11:00 - Brief Biographies on Families of Actors (J)</div> <div>1:00 - Fun Fine Motor Games (TS)</div> <div>2:00 - Manicures (TS)</div> <div>3:00 - Finish the Phrase (TS)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Creative Writing with Eve (J)</div> | <div>5</div> <div>9:30 - Seated Ballroom Dancing (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Fur Babies</i> (J)</div> <div>11:00 - Do-Re-Me Hot Potato Word Game (J)</div> <div>- Resident Choice (T)</div> <div>1:00 - Gardening Club</div> <div>2:00 - Before or After 1950? (J)</div> <div>3:00 - Jewelry Making (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Musical Bingo (J)</div> | <div>6</div> <div>9:30 - Working with Exercise Balls (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & <i>In The Arena, Serena Williams</i> (J)</div> <div>11:00 - Jeopardy (J)</div> <div>1:00 - Bocce (TS)</div> <div>2:00 - Flip to Win (T)</div> <div>3:00 - Painting (T)</div> <div>4:00 - Rest and Reconnect</div> | |
| | <div>GRANDPARENTS DAY7</div> <div>9:30 - Sunday Morning Stretches (TS)</div> <div>10:00 - Reflections of Gratitude (J)</div> <div>10:30 - Snack and Sunday Mass (J)</div> <div>11:00 - Reading Round Table: <i>The Hollyhock Doll</i> (J)</div> <div>1:00 - Pool Noodle Hockey (TS)</div> <div>2:00 - “Grand” Words and Phrases (T)</div> <div>3:00 - Open Art Studio (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Movie and Popcorn (J)</div> | <div>8</div> <div>9:30 - Today in History (TS)</div> <div>9:45 - Exercise with Heather (TS)</div> <div>10:30 - Snack and <i>Earth Moods: Night Lights</i> (TS)</div> <div>11:00 - Talkin’ Bout All Generations (J)</div> <div>- Matching Cards (T)</div> <div>1:00 - Basketball (TS)</div> <div>2:00 - Reading with Curt (J)</div> <div>-Tending to the Gardens</div> <div>3:30 - Visit with Pepper, Therapy Dog</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - What’s the Sound? (J)</div> | <div>9</div> <div>9:30 - Exercise for Balance (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & Detroit Youth Choir (J)</div> <div>11:00 - Walking Club</div> <div>1:00 - Parachute (TS)</div> <div>2:00 - Sunflower Installation Art (T)</div> <div>3:00 - Playing Uno (J)</div> <div>- Hand Massages (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Armchair Travel (J)</div> | <div>10</div> <div>9:30 - Exercise with Weights (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Cheers</i> (J)</div> <div>11:00 - Rhythm Circle with Rob (TS)</div> <div>1:00 - Darts (TS)</div> <div>1:30 - Knitting Club/Fabric Play (J)</div> <div>2:30 - Can You See the Big Picture? (J)</div> <div>3:30 - DIY Salt/Sugar Scrubs (J)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Bingo (J)</div> | <div>11</div> <div>9:30 - Core Strength (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & Virtual Tour of the 9/11 Memorial Museum in NYC (J)</div> <div>11:00 - Evolution of the Telephone (J)</div> <div>1:00 - Fun Fine Motor Games (TS)</div> <div>2:00 - Manicures (TS)</div> <div>3:00 - Mocktail Happy Hour (TS)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Tea Tasting with Eve (J)</div> | <div>12</div> <div>9:30 - Seated Ballroom Dancing (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Fur Babies</i> (J)</div> <div>11:00 - Biography: Joseph Haydn (J)</div> <div>- Baby Days Sensory Kit (T)</div> <div>1:00 - Gardening Club</div> <div>1:30 - Outing: Pumpkins and Mums</div> <div>2:00 - How Did We Ever Live Without...? (J)</div> <div>3:00 - Cooking Club (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Trivia Night (J)</div> | <div>13</div> <div>9:30 - Working with Exercise Balls (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & <i>In The Arena, Serena Williams</i> (J)</div> <div>11:00 - Wheel of Fortune (J)</div> <div>1:00 - Golf (TS)</div> <div>2:00 - Popular Songs from the 1800s (J)</div> <div>3:00 - Painting (T)</div> <div>4:00 - Rest and Reconnect</div> |
| | <div>14</div> <div>9:30 - Sunday Morning Stretches (TS)</div> <div>10:00 - Reflections of Gratitude (J)</div> <div>10:30 - Snack and Sunday Mass (J)</div> <div>11:00 - Skit Reading: <i>No Rhyme Nor Reason</i> (J)</div> <div>1:00 - Seated Soccer (TS)</div> <div>2:00 - Puzzle Hour (J)</div> <div>3:00 - Open Art Studio (J)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - New England Fall Photography (J)</div> | <div>15</div> <div>9:30 - Today in History (TS)</div> <div>9:45 - Exercise with Heather (TS)</div> <div>10:30 - Snack and <i>Earth Moods: Tropical Serenity</i> (TS)</div> <div>11:00 - What Does Adventure Mean to You? (J)</div> <div>1:00 - Axe Throwing (TS)</div> <div>2:00 - Reading with Curt (J)</div> <div>3:00 - Tending to the Gardens</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Singalong with Clare (TS)</div> | <div>16</div> <div>9:30 - Exercise for Balance (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & Detroit Youth Choir (J)</div> <div>11:00 - Walking Club</div> <div>1:00 - Live Music: The Butterfields (TS)</div> <div>2:00 - Tasting Foods from Around the World (J Dining Room)</div> <div>3:00 - Playing Uno (J)</div> <div>- Hand Massages (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Armchair Travel (J)</div> | <div>17</div> <div>9:30 - Exercise with Weights (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Cheers</i> (J)</div> <div>11:00 - Wonders of the World (J)</div> <div>1:00 - Corn Hole (TS)</div> <div>1:30 - Knitting Club/Fabric Play (J)</div> <div>1:45 - Outing: Corn Maze</div> <div>2:30 - Geography Games (J)</div> <div>3:30 - Painting the World (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Bingo (J)</div> | <div>18</div> <div>9:30 - Core Strength (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and episode of <i>How It’s Made</i> (J)</div> <div>11:00 - Learning Key Phrases in Different Languages (J)</div> <div>1:00 - Fun Fine Motor Games (TS)</div> <div>2:00 - Manicures (TS)</div> <div>3:00 - Karaoke (TS)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Creative Writing with Eve (J)</div> | <div>19</div> <div>9:30 - Seated Ballroom Dancing (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Fur Babies</i> (J)</div> <div>11:00 - Learning About Coastal Cleanup (J)</div> <div>- Resident Choice (T)</div> <div>1:00 - Gardening Club</div> <div>2:00 - Exercise and Wellness Around the World (J)</div> <div>3:00 - Ocean Scenery Collaging (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Musical Bingo (J)</div> | <div>20</div> <div>9:30 - Working with Exercise Balls (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & <i>In The Arena, Serena Williams</i> (J)</div> <div>11:00 - Family Feud (J)</div> <div>1:00 - Table Golf (TS)</div> <div>2:00 - Roll It, Play It (T)</div> <div>3:00 - Painting (T)</div> <div>4:00 - Rest and Reconnect</div> |
| | <div>21</div> <div>9:30 - Sunday Morning Stretches (TS)</div> <div>10:00 - Reflections of Gratitude (J)</div> <div>10:30 - Snack and Sunday Mass (J)</div> <div>11:00 - Reading Round Table: <i>No Recipe Kneaded</i> (J)</div> <div>1:00 - Balloon Tennis (TS)</div> <div>2:00 - Puzzle Hour (J)</div> <div>3:00 - Open Art Studio (J)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Must-See Spots in Vermont (J)</div> | <div>FIRST DAY OF FALL22</div> <div>9:30 - Today in History (TS)</div> <div>9:45 - Exercise with Heather (TS)</div> <div>10:30 - Snack and <i>Earth Moods: Desert Solitude</i> (TS)</div> <div>11:00 - About Rosh Hashanah: The Jewish New Year (J)</div> <div>- Picture This (T)</div> <div>1:00 - Live Music: Dan Levine (TS)</div> <div>2:00 - Reading with Curt (J)</div> <div>-Tending to the Gardens</div> <div>3:00 - A Picture of Fall (TS)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - The 5 Senses of Fall (J)</div> | <div>FIRST DAY OF ROSH HASHANAH23</div> <div>9:30 - Exercise for Balance (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & Detroit Youth Choir (J)</div> <div>11:00 - Walking Club</div> <div>1:00 - Parachute (TS)</div> <div>2:00 -Making Gelatin Apple Dessert (T)</div> <div>- Resident Choice</div> <div>3:00 - Playing Uno (J)</div> <div>- Hand Massages (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Armchair Travel (J)</div> | <div>24</div> <div>9:30 - Exercise with Weights (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Cheers</i> (J)</div> <div>11:00 - Biography: Judy Martin (J)</div> <div>1:00 - Darts (TS)</div> <div>1:30 - Knitting Club/Fabric Play (J)</div> <div>2:30 - Letters to Pen Pals (J)</div> <div>3:30 - DIY Salt/Sugar Scrubs (J)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Bingo (J)</div> | <div>25</div> <div>9:30 - Core Strength (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and episode of <i>How It’s Made</i> (J)</div> <div>11:00 - Catholic Communion with Father Charlie (J)</div> <div>1:00 - Fun Fine Motor Games (TS)</div> <div>2:00 - Manicures (TS)</div> <div>3:00 - Fall Wreath Making (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Black Cow Social (J)</div> | <div>26</div> <div>9:30 - Seated Ballroom Dancing (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack and <i>Fur Babies</i> (J)</div> <div>11:00 - All About Oktoberfest (J)</div> <div>- Oktoberfest Coloring (T)</div> <div>1:00 - Gardening Club</div> <div>2:00 - Cooking Club (T)</div> <div>3:00 - Pine Cone Owls (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Trivia Night (J)</div> | <div>27</div> <div>9:30 - Working with Exercise Balls (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack & <i>In The Arena, Serena Williams</i> (J)</div> <div>11:00 - Remembering Mother Goose Nursery Rhymes (J)</div> <div>1:00 - Bocce (TS)</div> <div>2:00 - The Price Is Right (T)</div> <div>3:00 - Puzzle Piece Pumpkins (T)</div> <div>4:00 - Rest and Reconnect</div> |
| <div>28</div> <div>9:30 - Sunday Morning Stretches (TS)</div> <div>10:00 - Reflections of Gratitude (J)</div> <div>10:30 - Snack and Sunday Mass (J)</div> <div>11:00 - Skit Reading: <i>The Tango Tangle</i> (J)</div> <div>1:00 - Basketball (TS)</div> <div>2:00 - Puzzle Hour (J)</div> <div>3:00 - Open Art Studio (J)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Highlighting Local Photographers (J)</div> | <div>29</div> <div>9:30 - Today in History (TS)</div> <div>9:45 - Exercise with Heather (TS)</div> <div>10:30 - Snack and <i>Earth Moods: Peaceful Patterns</i> (TS)</div> <div>11:00 - Travel Series: Sweden (J)</div> <div>- Pattern Play (T)</div> <div>1:00 - Parachute (TS)</div> <div>2:00 - Reading with Curt (J)</div> <div>-Tending to the Gardens</div> <div>3:00 - Magazine Wars (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Singalong with Clare (TS)</div> | <div>30</div> <div>9:30 - Exercise for Balance (TS)</div> <div>10:00 - Morning News (J)</div> <div>10:30 - Snack &Detroit Youth Choir (J)</div> <div>11:00 - Walking Club</div> <div>1:00 - The History of the Lederhosen and Dirndl (J)</div> <div>2:00 - Oktoberfest Social (TS)</div> <div>3:00 - Playing Uno (J)</div> <div>- Hand Massages (T)</div> <div>4:00 - Rest and Reconnect</div> <div>6:00 - Armchair Travel (J)</div> | <div>September 2025</div> <div>ACTIVITIES CALENDAR</div> <div></div> <div>All activities are subject to change.</div> | | | <div>We will be celebrating</div> <div>National Assisted Living Week</div> <div>Monday, 9/15 - Friday, 9/19.</div> <div>This year’s theme is “Ageless Adventure,” and we will have at least one activity each day that week (in bold) honoring the theme.</div> | |