

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <h1 style="color: green; font-size: 48px; margin: 0;">March 2025</h1> <h2 style="color: darkred; font-size: 24px; margin: 0;">ACTIVITIES CALENDAR</h2>						<p>If an activity is <u>bolded and underlined</u>, a secondary activity of residents' choice will be offered at that time, as well as what is listed.</p>	<p>9:30 - Working with Exercise Balls 10:00 - Morning News 10:30 - Snack and <i>Secrets of the Elephants</i> 11:00 - Women's History Month 1:00 - Balloon Tennis 2:00 - Blurt Game 3:00 - Watercolor Painting—Women's History Month 4:00 - Rest and Reconnect</p>
<p>2</p> <p>9:30 - Seated Yoga 10:00 - Morning News 10:30 - Snack and Sunday Mass 11:00 - Scattagories 1:00 - Reflections of Gratitude 2:00 - Flower Arranging 3:00 - Movie Matinee: The Wizard of Oz 4:00 - Rest and Reconnect</p>	<p>3</p> <p>9:30 - Seated Dance 10:00 - Morning News 10:30 - Snack and Watching Bob Ross 11:00 - History of Iditarod 1:00 - Darts 2:00 - Coloring Pages - Iditarod 3:00 - Finish the Phrase 4:00 - Rest and Reconnect 6:00 - Movie Night - <i>Togo</i></p>	<p>MARDI GRAS 4</p> <p>9:30 - Exercises for Balance (TS) 10:00 - Morning News 10:30 - Snack and Concert Recording 11:00 - What Am I? 1:00 - March Madness—Basketball 2:00 - Making Mardi Gras Masks 3:00 - Playing UNO 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>5</p> <p>9:30 - Exercises for Strength (TS) 10:00 - Morning News 10:30 - Snack and <i>Candid Camera</i> 11:00 - History of Vermont 1:00 - Golf 1:30 - Knitting Club/Fabric Play 2:30 - Chain Reaction 3:15 - Live Music: Carol Ann Jones 4:00 - Rest and Reconnect</p>	<p>6</p> <p>9:30 - Exercises for Posture (TS) 10:00 - Morning News 10:30 - Snack & Mysteries of the World 11:15 - Biography of Anthony Quinn 1:00 - Pool Noodle Hockey 2:00 - Matching Animal Cards 3:00 - Manicures and Hand Massages 4:00 - Rest and Reconnect 6:00 - Armchair Travel</p>	<p>7</p> <p>9:30 - Morning Stretches (TS) 10:00 - Morning News 10:30 - Snack and Kids Got Talent 11:00 - Guess That 1950s Music 1:00 - Seated Soccer 2:00 - Blurt 3:00 - Paper Garland O' Shamrocks 4:00 - Rest and Reconnect</p>	<p>8</p> <p>9:30 - Working with Exercise Balls 10:00 - Morning News 10:30 - Snack and <i>Secrets of the Elephants</i> 11:00 - History of Daylight Savings 1:00 - Bocce 2:00 - Word Scrambles 3:00 - Watercolor Painting 4:00 - Rest and Reconnect</p>	
<p>DAYLIGHT SAVINGS 9</p> <p>9:30 - Seated Yoga 10:00 - Morning News 10:30 - Snack and Sunday Mass 11:00 - Reading Round Table 1:00 - Bowling 2:00 - Stack It Up 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>10</p> <p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and Watching Bob Ross 11:00 - Can You Picture This? 1:00 - Presentation with Steve Perkins, VT Historical Society 2:00 - Reading Group 3:00 - Jewelry Making 4:00 - Rest and Reconnect 6:00 - Movie and Popcorn</p>	<p>11</p> <p>9:30 - Exercises for Balance (TS) 10:00 - Morning News 10:30 - Snack and Concert Recording 11:00 - Cooking Club 1:00 - March Madness—Basketball 2:00 - "Stained Glass" Drawing and Painting 3:00 - Playing UNO 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>12</p> <p>9:30 - Exercises for Strength (TS) 10:00 - Morning News 10:30 - Snack and <i>Candid Camera</i> 11:00 - Drum Circle 1:00 - Reel It In (TS) 1:30 - Knitting Club/Fabric Play 2:30 - Resident Social: March B-Days 3:15 - What's Your Name Mean? 4:00 - Rest and Reconnect 6:00 - Indoor Bird Watching</p>	<p>13</p> <p>9:30 - Exercises for Posture (TS) 10:00 - Morning News 10:30 - Snack and Surreal Places 11:00 - Trivia 1:00 - Table Golf 2:00 - Pattern Play 3:00 - Manicures and Hand Massages 4:00 - Rest and Reconnect 6:00 - Armchair Travel</p>	<p>14</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News 10:30 - Snack and Kids Got Talent 11:00 - Drama Club 1:00 - Corn Hole 2:00 - You Be the Judge 3:00 - Color Collages 4:00 - Rest and Reconnect</p>	<p>15</p> <p>9:30 - Working with Exercise Balls 10:00 - Morning News 10:30 - Snack and <i>Secrets of the Elephants</i> 11:00 - The Luck of the Irish 1:00 - Balloon Volleyball 2:00 - Mad Libs 3:00 - Watercolor Painting—St. Patrick's Day 4:00 - Rest and Reconnect</p>	
<p>16</p> <p>9:30 - Seated Yoga 10:00 - Morning News 10:30 - Snack and Sunday Mass 11:00 - Fill Your Pot with Gold 1:00 - Darts 2:00 - Saint Patrick's Day Sensory Kit 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>ST. PATRICK'S DAY 17</p> <p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and Watching Bob Ross 11:00 - History & Symbols of St. Patrick's Day 1:00 - Shooting for the Rainbow Game 2:00 - Reading Group 3:00 - Shaving Cream Painting 4:00 - Rest and Reconnect 6:00 - St. Patrick's Sing Along with Clare</p>	<p>18</p> <p>9:30 - Exercises for Balance (TS) 10:00 - Morning News 10:30 - Snack and Concert Recording 11:00 - Wonders of Ancient Egypt 1:00 - March Madness—Basketball 2:00 - Making Papyrus Paper and Writing Our Names in Hieroglyphics 3:00 - Live Music: The Butterfields 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>19</p> <p>9:30 - Exercises for Strength (TS) 10:00 - Morning News 10:30 - Snack and <i>Candid Camera</i> 11:00 - Most Interesting Sights in VT 1:00 - Ping Pong 1:30 - Knitting Club/Fabric Play 2:30 - Karaoke 3:30 - Science Experiment: DIY Lava Lamp 4:00 - Rest and Reconnect 6:00 - Johnny Cash Concert</p>	<p>FIRST DAY OF SPRING 20</p> <p>9:30 - Exercises for Posture (TS) 10:00 - Morning News 10:30 - Snack and World Cities 11:00 - Spring Celebrations Around the World 1:00 - Golf 2:00 - Flower Arranging 3:00 - Manicures and Hand Massages 4:00 - Rest and Reconnect 6:00 - Armchair Travel</p>	<p>21</p> <p>9:30 - Morning Stretches (TS) 10:00 - Morning News 10:30 - Snack and Kids Got Talent 11:00 - Live Music: Jazzou 1:00 - Bocce 2:00 - History of Girl Scouts 3:00 - Woodland Art 4:00 - Rest and Reconnect 6:00 - Taste Testing Girl Scout Cookies</p>	<p>22</p> <p>9:30 - Working with Exercise Balls 10:00 - Morning News 10:30 - Snack and <i>Secrets of the Elephants</i> 11:00 - Storytelling, Connect the Photos 1:00 - Table Golf 2:00 - Match the Seed to the Plant 3:00 - Watercolor Painting—Spring Scenery 4:00 - Rest and Reconnect</p>	
<p>23</p> <p>9:30 - Seated Yoga 10:00 - Morning News 10:30 - Snack and Sunday Mass 11:00 - Reading "Maple Moon" 1:00 - Balloon Tennis 2:00 - Group Up 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>24</p> <p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and Watching Bob Ross 11:00 - Most Famous Speeches in Recent History 1:00 - Live Music: Dan Levine 2:00 - Reading Group 3:00 - Kerplunk 4:00 - Rest and Reconnect 6:00 - Spring Sensory Kit</p>	<p>25</p> <p>9:30 - Exercises for Balance (TS) 10:00 - Morning News 10:30 - Snack and Concert Recording 11:00 - Cooking Club 1:00 - March Madness—Basketball 2:00 - Planning Out Our Gardens 3:00 - Playing UNO 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>26</p> <p>9:30 - Exercises for Strength (TS) 10:00 - Morning News 10:30 - Snack and <i>Candid Camera</i> 11:00 - Remembering Grooming Products 1:00 - Playing Catch 1:30 - Knitting Club/Fabric Play 2:30 - Making Paper Daffodils 3:00 - Sing Along 4:00 - Rest and Reconnect 6:00 - Movie and Popcorn</p>	<p>27</p> <p>9:30 - Exercises for Posture (TS) 10:00 - Morning News 10:30 - Snack and United States National Parks 11:00 - Biography of John Deere 1:00 - Dance Party 2:15 - Live Music: Steve on Guitar 3:00 - Manicures and Hand Massages 4:00 - Rest and Reconnect 6:00 - Armchair Travel</p>	<p>28</p> <p>9:30 - Seated Ballroom Dancing (TS) 10:00 - Morning News 10:30 - Snack and Kids Got Talent 11:00 - Drama Club 1:00 - Bowling 2:00 - Painting Poetry 3:00 - Sing Along with Fin and Clare 4:00 - Rest and Reconnect 6:00 - Spring Reminiscing</p>	<p>29</p> <p>9:30 - Working with Exercise Balls 10:00 - Morning News 10:30 - Snack and <i>Secrets of the Elephants</i> 11:00 - All About Vincent Van Gogh 1:00 - Seated Soccer 2:00 - Blurt 3:00 - Painting Van Gogh's Starry Night 4:00 - Rest and Reconnect</p>	
<p>30</p> <p>9:30 - Seated Yoga 10:00 - Morning News 10:30 - Snack and Sunday Mass 11:00 - What Would You Do? 1:00 - Darts 2:00 - Hide to Win 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>31</p> <p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and Watching Bob Ross 11:00 - Words People Say Differently 1:00 - Bocce 2:00 - Reading Group 3:00 - Tea Time Social 4:00 - Rest and Reconnect 6:00 - Recording of Il Divo Concert</p>	<p>(TS) = Town Square</p> <p>*All activities are subject to change.</p>					 