



March 2025

ACTIVITIES CALENDAR



All activities are subject to change.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			5	6	7	8
			<p>9:30 - Seated Dance With Heather (Fitness Center)</p> <p>10:30 - History of Iditarod (Living Room)</p> <p>1:00 - Watching <i>America's Got Talent</i> Auditions (Living Room)</p> <p>2:00 - Live Music: Carol Ann Jones (Living Room)</p> <p>3:15 - Book Club (Library)</p> <p>6:30 - Dominos with Youth Group (Bistro)</p>	<p>9:30 - Working With Weights (Fitness Center)</p> <p>10:30 - Biography Series: Anthony Quinn (Living Room)</p> <p>1:00 - Recording of Johnny Cash Concert (Living Room)</p> <p>2:15 - Spelling Bee (Living Room)</p> <p>3:30 - Bocce (Fitness Center)</p>	<p>9:30 - Seated Yoga (Fitness Center)</p> <p>10:30 - Paper Garland O' Shamrocks (Art Studio)</p> <p>1:00 - Manicures (Bistro, Signup at Desk)</p> <p>1:30 - NatGeo: My Best Friend's an Animal (Living Room)</p> <p>3:00 - Knitting Club (Living Room)</p> <p>4:00 - Vermont History Series (Living Room)</p>	<p>9:30 - Exercise for Balance (Fitness Center)</p> <p>10:30 - Open Art Studio with Bay (Art Studio)</p> <p>10:30 - Games (Bistro)</p> <p>1:00 - Essex Alliance Church (Theater)</p> <p>1:15 - Wii Sports (Game Room)</p> <p>2:30 - Bingo (Dining Room)</p> <p>3:45 - Guess the Movie by the Song (Living Room)</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10	11	12	13	14	15
<p>9:30 - Core and Posture (Fitness Center)</p> <p>10:30 - Who Am I? (Living Room)</p> <p>1:00 - Dominoes (Bistro)</p> <p>2:00 - Family Feud (Bistro)</p> <p>3:00 - Watching <i>All the Light We Cannot See</i>, Episodes 1 & 2 (Theater)</p> <p>3:45 - Balloon Tennis (Fitness Center)</p>	<p>9:30 - Monday Morning Wakeup (Fitness Center)</p> <p>10:30 - "Stained Glass" Drawing and Painting (Art Studio)</p> <p>1:00 - Classical Music Matinee (Living Room)</p> <p>2:00 - Presentation by Steve Perkins, VT Historical Society (Living Room)</p> <p>3:00 - Basketball (Bistro)</p> <p>4:00 - Group Crossword Puzzle (Living Room)</p>	<p>9:30 - Tae Bo Tuesday (Fitness Center)</p> <p>10:15 - Baking Club: Meringue Cookies (Kitchen)</p> <p>1:00 - Catholic Communion with Deacon Gerry (Theater)</p> <p>1:30 - Info Meeting with Directors at Essex Rescue (Living Room)</p> <p>2:30 - Resident Social (Bistro)</p> <p>3:15 - Golf (Fitness Center)</p> <p>4:00 - Trivia (Bistro)</p> <p>5:30 - Games with Lily (Bistro)</p>	<p>9:30 - Seated Dance With Heather (Fitness Center)</p> <p>10:15 - The Mysteries of Ancient Egypt (Living Room)</p> <p>1:00 - Watching <i>America's Got Talent</i> Auditions (Living Room)</p> <p>2:00 - Drum Circle (Fitness Center)</p> <p>3:15 - Egyptian Faience Bowl (Art Studio)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Working With Weights (Fitness Center)</p> <p>10:30 - Biography Series: Edith Nourse Rogers (Living Room)</p> <p>1:00 - Recording of Il Divo Concert (Living Room)</p> <p>2:15 - Cranium Crunches (Living Room)</p> <p>3:30 - Bocce (Fitness Center)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Seated Yoga (Fitness Center)</p> <p>10:30 - Live Music: DJ Paul (Living Room)</p> <p>1:00 - Manicures (Bistro, Signup at Desk)</p> <p>1:30 - NatGeo: My Best Friend's an Animal (Living Room)</p> <p>3:00 - Knitting Club (Living Room)</p> <p>4:00 - Vermont History Series (Living Room)</p>	<p>9:30 - Exercise for Balance (Fitness Center)</p> <p>10:30 - Open Art Studio with Bay (Art Studio)</p> <p>10:30 - Games (Bistro)</p> <p>1:00 - Essex Alliance Church (Theater)</p> <p>1:15 - Bowling (Fitness Center)</p> <p>2:30 - Bingo (Dining Room)</p> <p>3:45 - The Price WAS Right (Living Room)</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20	21	22
<p>9:30 - Core and Posture (Fitness Center)</p> <p>10:30 - The History and Symbols of St. Patrick's Day (Living Room)</p> <p>1:00 - Dominoes (Bistro)</p> <p>2:00 - Traveling with Virtual Reality Headsets (Theater)</p> <p>3:00 - Watching <i>All the Light We Cannot See</i>, Episodes 3 & 4 (Theater)</p> <p>3:45 - Wii Sports (Game Room)</p>	<p>9:30 - Monday Morning Wakeup (Fitness Center)</p> <p>10:15 - Trip to Hannaford (Meet in Lobby)</p> <p>1:00 - Classical Music Matinee (Living Room)</p> <p>2:00 - Resident Council Meeting and Resident Survey (Dining Room)</p> <p>3:15 - Irish Word Mining (Living Room)</p> <p>4:00 - Rick Steves: Ireland (Living Room)</p>	<p>9:30 - Tae Bo Tuesday (Fitness Center)</p> <p>10:15 - Baking Club: Texas Sheet Cake (Kitchen)</p> <p>1:00 - Catholic Service (Theater)</p> <p>2:00 - Resident Social: March Birthdays (Bistro)</p> <p>3:00 - Live Music: The Butterfields (Living Room)</p> <p>4:00 - Trivia (Bistro)</p> <p>5:30 - Games with Lily (Bistro)</p>	<p>9:30 - Seated Dance ~Heather (Fitness Center)</p> <p>10:30 - History of Girl Scouts (Living Room)</p> <p>1:00 - Watching <i>America's Got Talent</i> Auditions (Living Room)</p> <p>2:00 - Sampling Different Girl Scout Cookies (Bistro)</p> <p>3:15 - Book Club (Library)</p> <p>3:30 - Mind Fit with Gena from Home Health (Living Room)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Working With Weights (Fitness Center)</p> <p>10:30 - Biography Series: John Deere (Living Room)</p> <p>1:00 - Flower Arranging (Bistro)</p> <p>2:00 - Wellness Presentation with Kandi, Bayada (Living Room)</p> <p>3:30 - Bocce (Fitness Center)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Seated Yoga (Fitness Center)</p> <p>10:00 - Live Music: Jazzou (Living Room)</p> <p>1:00 - Manicures (Bistro, Signup at Desk)</p> <p>1:30 - NatGeo: My Best Friend's an Animal (Living Room)</p> <p>3:00 - Knitting Club (Living Room)</p> <p>4:00 - Vermont History Series (Living Room)</p>	<p>9:30 - Exercise for Balance (Fitness Center)</p> <p>10:30 - Making a Maple Ridge Scrapbook (Art Studio)</p> <p>10:30 - Games (Bistro)</p> <p>1:00 - Essex Alliance Church (Theater)</p> <p>1:15 - Darts (Bistro)</p> <p>2:30 - Bingo (Dining Room)</p> <p>3:45 - Jeopardy (Living Room)</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	29
<p>9:30 - Core and Posture (Fitness Center)</p> <p>10:30 - Who Am I? (Living Room)</p> <p>1:00 - Dominoes (Bistro)</p> <p>2:00 - Family Feud (Bistro)</p> <p>3:00 - Movie Matinee: <i>Summertime</i> (Theater)</p> <p>3:45 - Balloon Volleyball (Fitness Center)</p>	<p>9:30 - Monday Morning Wakeup (Fitness Center)</p> <p>10:30 - Most Famous Speeches in Recent History (Living Room)</p> <p>1:00 - Classical Music Matinee (Living Room)</p> <p>2:00 - Live Music: Dan Levine (Living Room)</p> <p>3:00 - Baseball Toss (Bistro)</p> <p>4:00 - Rick Steves Travel Series (Living Room)</p>	<p>9:30 - Tae Bo Tuesday (Fitness Center)</p> <p>10:15 - Baking Club: Buffalo Chicken Dip (Kitchen)</p> <p>1:00 - Catholic Communion with Deacon Gerry (Theater)</p> <p>2:00 - Resident Social (Bistro)</p> <p>3:15 - Golf (Fitness Center)</p> <p>4:00 - Trivia (Bistro)</p> <p>5:30 - Games with Lily (Bistro)</p>	<p>9:30 - Seated Dance With Heather (Fitness Center)</p> <p>10:30 - All About Animals: Camels (Living Room)</p> <p>1:00 - Watching <i>America's Got Talent</i> Auditions (Living Room)</p> <p>2:00 - Karaoke (Living Room)</p> <p>3:15 - Making Papyrus Paper and Writing Our Names in Hieroglyphics (Art Studio)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Working With Weights (Fitness Center)</p> <p>10:30 - Top 10 Baseball Legends (Living Room)</p> <p>1:00 - Live Music: Steve on Guitar (Living Room)</p> <p>2:00 - Baseball Hangman (Living Room)</p> <p>3:30 - Bocce (Fitness Center)</p> <p>5:30 - Games with Maggie (Bistro)</p>	<p>9:30 - Seated Yoga (Fitness Center)</p> <p>10:30 - Poetry Share (Living Room)</p> <p>1:00 - Manicures (Bistro, Signup at Desk)</p> <p>1:30 - NatGeo: My Best Friend's an Animal (Living Room)</p> <p>3:00 - Knitting Club (Living Room)</p> <p>4:00 - Vermont History Series (Living Room)</p>	<p>9:30 - Exercise for Balance (Fitness Center)</p> <p>10:30 - Open Art Studio with Bay (Art Studio)</p> <p>10:30 - Games (Bistro)</p> <p>1:00 - Essex Alliance Church (Theater)</p> <p>1:15 - Bowling (Fitness Center)</p> <p>2:30 - Bingo (Dining Room)</p> <p>3:45 - Wheel of Fortune (Living Room)</p>



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p style="text-align: right;">30</p> <p>9:30 - Core and Posture (Fitness Center)</p> <p>10:30 - Guess the Movie Character (Living Room)</p> <p>1:00 - Dominoes (Bistro)</p> <p>2:00 - Traveling with Virtual Reality Headsets (Theater)</p> <p>3:00 - Movie Matinee: <i>Passage to Marseille</i> (Theater)</p> <p>3:45 - Wii Sports (Game Room)</p>	<p style="text-align: right;">31</p> <p>9:30 - Monday Morning Wakeup (Fitness Center)</p> <p>10:30 - A Painting is Worth 1,000 Words: Van Gogh's Starry Night (Living Room)</p> <p>1:00 - Classical Music Matinee (Living Room)</p> <p>1:30 - Trip to Hannaford</p> <p>3:00 - Painting Van Gogh's Starry Night (Art Studio)</p> <p>4:00 - Rick Steves Travel Series (Living Room)</p>	
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