



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		<p>9:30 - Morning News & Core Strength 10:30 - Snack and <i>Cesar Millan: Better Human, Better Dog</i> 11:00 - Walking Club 1:00 - Fall Leaf Garland 2:30 - Afternoon at the Casino 4:00 - Rest and Reconnect 6:00 - Looking Back at Local Spots</p>	<p>9:30 - Morning News & Strength 10:30 - Snack and <i>The Vermont Historical Society</i> 11:00 - <u>Learning About Rosh Hashanah</u> 1:30 - Knitting Club/Fabric Play 1:30 - 20 Questions 2:30 - Balloon Tennis 3:15 - <u>Live Music: Carol Ann Jones</u> 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>9:30 - Morning News & Stretches 10:30 - Snack & Shirley Temple's Best Dance Scenes 11:00 - <u>Biography: Groucho Marx</u> 1:00 - Ping Pong 2:00 - Order Up Game 3:00 - Making Coffee Filter Mums 4:00 - Rest and Reconnect 6:00 - ABBA Concert</p>	<p>9:30 - Morning News & Balance 10:30 - Snack and Bob Ross 11:00 - Can You See the Big Picture? 1:00 - Golf 2:00 - Hide to Win Game 3:00 - Junk Drawer Detective 4:00 - Rest and Reconnect 6:00 - Movie Night</p>	<p>9:30 - Morning News & Exercise Balls 10:30 - Snack & Saturday Morning Cartoon Collection: <i>Felix the Cat and Looney Tunes</i> 11:00 - You Be the Judge 1:00 - Cornhole 2:00 - Pattern Play 3:00 - Natural Elements Collage 4:00 - Rest and Reconnect</p>
6	7	8	9	10	11	12
<p>9:30 - Morning News & Seated Yoga 10:30 - Snack and Sunday Mass 11:00 - Reading Round Table 1:00 - Bowling 2:00 - Deal or No Deal 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and TV Reruns: <i>Green Acres</i> 11:00 - What Matters Most 1:00 - Ax Throwing 2:00 - <u>Reading with Curt</u> 3:00 - Making Fall Wreaths 4:00 - Visit with Pepper, the Therapy Dog 6:00 - Movie Night and Manicures</p>	<p>9:30 - Morning News & Core Strength 10:30 - Snack and <i>Growing Up Animal, Grizzly Bears</i> 10:45 - <u>Outing: Fall Foliage Drive</u> 1:00 - <u>Drama Club: Skit Reading</u> 2:00 - Walking Club 3:00 - Making Fall Paper 4:00 - Rest and Reconnect 6:00 - Armchair Travel</p>	<p>9:30 - Morning News & Strength 10:30 - Snack and <i>Stuck in Vermont</i> 11:00 - <u>Drum Circle</u> 1:30 - Knitting Club/Fabric Play 1:30 - 20 Questions 2:30 - October Birthday Party 3:15 - Balloon Volleyball 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>9:30 - Morning News & Stretches 10:30 - Snack & Fred Astaire's Best Dance Scenes 11:00 - <u>Photos of Life in the 1950s</u> 1:00 - Seated Hockey 2:00 - Cooking Club: Chef's Choice 3:00 - Nail Salon 4:00 - Rest and Reconnect 6:00 - Johnny Cash Concert</p>	<p>9:30 - Morning News & Balance 10:30 - Snack and Bob Ross 11:00 - <u>Charlie Brown and Other Peanuts Comics</u> 1:00 - Basketball 2:00 - Scattegories 3:00 - Making a Fall Village Scene 4:00 - Rest and Reconnect 6:00 - Movie Night</p>	<p>9:30 - Morning News & Exercise Balls 10:30 - Snack & Saturday Morning Cartoon Collection: <i>Popeye and Superman</i> 11:00 - Card Sharks 1:00 - Where's That City? 2:00 - Javelin Throw 3:00 - Working with Clay 4:00 - Rest and Reconnect</p>
13	14	15	16	17	18	19
<p>9:30 - Morning News & Seated Yoga 10:30 - Snack and Sunday Mass 11:00 - Reading Round Table 1:00 - Darts 2:00 - Real Estate: Guess the Asking Price 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and TV Reruns: <i>Lassie</i> 11:00 - <u>The Heritage and History of Our Indigenous People</u> 1:00 - Seated Soccer 2:00 - Reading with Curt 3:15 - Making Dream Catchers 4:00 - Rest and Reconnect 6:00 - Movie Night and Manicures</p>	<p>9:30 - Morning News & Core Strength 10:30 - Snack and <i>Growing Up Animal, Sea Lions</i> 11:00 - Walking Club 1:00 - Painting Poetry 2:00 - <u>Live Music: The Butterfields</u> 3:00 - <u>Grand Slam Shuffle</u> 4:00 - Rest and Reconnect 6:00 - Clothing Reminiscing</p>	<p>9:30 - Morning News & Strength 10:30 - Snack and <i>Stuck in Vermont</i> 11:00 - <u>Finish the Line</u> 1:30 - Knitting Club/Fabric Play 1:30 - 20 Questions 2:30 - State Plate Game 3:15 - <u>Live Music: Jazzou</u> 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>9:30 - Morning News & Stretches 10:30 - Snack & Mikhail Baryshnikov's Best Dance Scenes 11:00 - <u>Biography: Jackie Joyner-Kersey</u> 1:30 - <u>Song & Prayer with Pastor Bill</u> 2:15 - Table Hockey 3:15 - DIY Clay Ghosts 4:00 - Rest and Reconnect 6:00 - Rat Pack Concert</p>	<p>9:30 - Morning News & Balance 10:30 - Snack and Bob Ross 11:00 - <u>Scattegories</u> 1:00 - Bowling 2:00 - <u>Junk Drawer Detective</u> 3:00 - Making Ghoulish Tassels 4:00 - Rest and Reconnect 6:00 - Movie Night</p>	<p>9:30 - Morning News & Exercise Balls 10:30 - Snack & Saturday Morning Cartoon Collection: <i>Superman and Betty Boop</i> 11:00 - Flower Arranging 1:00 - Hot Potato 2:00 - Abstract Painting 3:00 - Sing-Along 4:00 - Rest and Reconnect</p>
20	21	22	23	24	25	26
<p>9:30 - Morning News & Yoga 10:30 - Snack and Sunday Mass 11:00 - Reading Round Table 1:00 - Would You Rather? 2:00 - Color Categories 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and TV Reruns: <i>Laverne & Shirley</i> 11:00 - <u>Travel Series: Borneo</u> 1:00 - Balloon Golf 2:00 - <u>Reading with Curt</u> 3:00 - Visit with Pepper, the Therapy Dog 3:45 - Hide to Win Game 4:00 - Rest and Reconnect 6:00 - Movie Night and Manicures</p>	<p>9:30 - Morning News & Core Strength 10:30 - Snack and <i>Growing Up Animal, Elephant</i> 10:45 - <u>Outing: Coffee, Tea, Cocoa</u> 1:00 - <u>Drama Club: Skit Reading</u> 2:00 - Classic Baseball Tunes 3:00 - Collaging Fall Scenery 4:00 - Rest and Reconnect 6:00 - Interesting Historic Photos</p>	<p>9:30 - Morning News & Strength 10:30 - Snack and <i>The Lure of New England</i> 11:00 - Walking Club 1:00 - <u>Live Music: Dan Levine</u> 1:30 - Knitting Club/Fabric Play 2:30 - <u>Fall and Halloween Trivia</u> 3:15 - Balloon Tennis 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>9:30 - Morning News & Stretches 10:30 - Snack & Gene Kelly's Best Dance Scenes 11:00 - <u>Word Searches & Crosswords</u> 1:00 - Parachute 2:00 - Making Pumpkin Stress Balls 3:00 - Nail Salon 4:00 - Rest and Reconnect 6:00 - Ella Fitzgerald Concert</p>	<p>9:30 - Morning News & Balance 10:30 - Snack and Bob Ross 11:00 - <u>History of Classic Monster Movies</u> 1:00 - Cornhole 2:00 - Pumpkin Carving/Painting 3:00 - <u>Chicago Dice Game</u> 4:00 - Rest and Reconnect 6:00 - Movie Night</p>	<p>9:30 - Morning News & Exercise Balls 10:30 - Snack & Saturday Morning Cartoon Collection: <i>Looney Tunes and Woody Woodpecker</i> 11:00 - Most Beautiful Landmarks 1:00 - Twister Toss 2:00 - Watercolor Painting 3:00 - Frankenstein Dice Game 4:00 - Rest and Reconnect</p>
27	28	29	30	31	<p>*All activities are subject to change.</p> <p>If an activity is <u>bolded and underlined</u>, a secondary activity of residents' choice will be offered at that time, as well as what is listed.</p> 	
<p>9:30 - Morning News & Yoga 10:30 - Snack and Sunday Mass 11:00 - Reading Round Table 1:00 - Dot-to-Dot & Spot the Difference 2:00 - Halloween Family Feud 3:00 - Open Art Studio 4:00 - Rest and Reconnect</p>	<p>9:30 - Today in History 9:45 - Exercise with Heather 10:30 - Snack and TV Reruns: <i>Carol Burnett Show</i> 11:00 - <u>All About Animals: Bats</u> 1:00 - Pumpkin Toss 2:00 - <u>Reading with Curt</u> 3:00 - Coffee Filter Bats 4:00 - Rest and Reconnect 6:00 - Movie Night and Manicures</p>	<p>9:30 - Morning News & Core Strength 10:30 - Snack and <i>Growing Up Animal, Wild Dog</i> 11:00 - Walking Club 1:00 - Halloween Mask Making 2:00 - <u>Sing Along</u> 3:00 - Ghost Busters Game 4:00 - Trunk or Treat 6:00 - Obsolete Everyday Items</p>	<p>9:30 - Morning News & Strength 10:30 - Snack and <i>The Heart of New England</i> 11:00 - <u>The Origins of Common Superstitions</u> 1:30 - Knitting Club/Fabric Play 1:30 - 20 Questions 2:30 - Hot Potato 3:15 - <u>Female Singers of the 50s</u> 4:00 - Rest and Reconnect 6:00 - Bingo</p>	<p>9:30 - Morning News & Stretches 10:30 - Snack & <i>It's the Great Pumpkin, Charlie Brown</i> 11:00 - <u>Catholic Communion with Father Ranges</u> 1:00 - <u>Halloween Word Scramble</u> 2:00 - Candy Corn Ring Toss 3:15 - Halloween Costume Contest 4:00 - Rest and Reconnect 6:00 - Vintage Halloween Cartoons</p>		