



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Welcome The New Year 1 9:45 Exercise With Heather 10:30 Snack And Sing A Long 11:00 Creative Writing 1:00 Target Practice 2:00 Reading With Curt 3:00 Collaging 4:00 Rest And Reconnect 6:00 Evening Movie New Year's Day	9:15 2nd Cup 2 9:30 Morning News And Movement 10:30 Snack And Bird Watching 11:00 Shaving Cream Art 1:00 Bowling And Bean Bag Toss 2:00 Board Games 3:00 Armchair Travel 4:00 Rest And Reconnect 6:00 Evening Craft	9:15 2nd Cup 3 9:30 Morning News And Movement 10:30 Snack And Conversation 11:00 Robert Frost Ad-Lib 1:00 Indoor Walking Group 1:30 Knitting Club 2:00 Community Project: Cardboard City 3:00 Word Puzzles 4:00 Rest And Reconnect 6:00 Activities choice	9:15 2nd Cup 4 9:30 Morning News And Stretching 10:30 Snack And Music 11:00 Group Movement Circle 1:00 Nail Salon 2:00 Flower Arranging 3:00 Games, Puzzles, Cards 4:00 Rest And Reconnect 6:00 Bingo	9:30 Morning News And Dance Yoga 5 10:30 Snack And Live Animal Cam 11:00 Team Building 1:00 Resident Council Meeting 2:00 Table Hockey 3:00 Drawing Club 4:00 Rest And Reconnect 6:00 Evening Movie	9:30 Morning News And Movement 6 10:30 Snack And Hymns 11:00 Cook Book Word Games 1:00 Vista Yoga 1:30 Reading Round Table 2:30 Afternoon Craft 3:30 Guided Conversation 4:00 Rest And Reconnect 6:00 Evening Movie
	9:30 Morning News And Movement 7 10:30 Snack And Sunday Mass 11:00 Bible Study 1:00 "Walking Club" 2:00 Word Searches 3:00 Water Color Painting 4:00 Rest And Reconnect 6:00 Evening	9:30 On This Day In History 8 9:45 Exercise with Heather 10:30 Snack And Music 11:00 Wacky Wordies 1:00 Teepa Snow Discussion 2:00 Reading With Curt 3:00 Golfing 4:00 Rest And Reconnect 6:00 Evening Movie	9:15 2nd Cup 9 9:30 Morning News And Movement 10:30 Snack And Ripley's 11:00 Concentration Puzzles 1:00 Freeze Dance 2:00 Wooden Snowmen 3:00 Pattern Play 4:00 Rest And Reconnect 6:00 Mindfulness	9:15 2nd Cup 10 9:30 Morning News And Movement 10:30 Snack And Riddles 11:00 Drum Circle 1:00 Hot Soup Riddles 1:30 Knitting Club 2:00 Tarot Cards And Palm Readings 3:00 Spa Hour 4:00 Rest And Reconnect 6:00 Tea and Jazz Social	9:15 2nd Cup 11 9:30 Morning News And Movement 10:30 Snack And Music 11:00 "Baby Vegetables" 1:00 Choir Practice 1:30 Party Prep 2:00 January Birthday Party 3:00 Resident Interviews 4:00 Rest And Reconnect 6:00 Bingo	9:30 Morning News And Movement 12 10:30 Snack And Nostalgic TV 11:00 Junk Drawer Detective 1:00 Photography Class 2:00 Reading Group 3:00 Simon Says/Telaphone 4:00 Rest And Reconnect 6:00 Evening Movie
9:30 Morning News And Movement 14 10:30 Snack And Sunday Mass 11:00 Bible Study 1:00 Recreation hour 2:00 Snack Preparation 2:30 Serve Snack 3:00 Mosaic Puzzle Art 4:00 Rest And Reconnect 6:00 Evening Movie	9:30 On This Day In History 15 9:45 Exercise With Heather 10:30 Snack And MLK Timeline 11:00 Who Said It? Famous Quotes 1:00 Senior Science: Magic Rainbow 2:00 Reading With Curt 3:00 Craft Hour 4:00 Rest And Reconnect 6:00 Evening Movie Martin Luther King Jr. Day	9:15 2nd Cup 16 9:30 Morning News And Movement 10:30 Snack And Music 11:00 Puzzle Pondering 1:00 Paper Plate Dancing 2:00 Concert With The Butterfields 3:00 Photography Class 4:00 Rest And Reconnect 6:00 Pinch Pots	9:15 2nd Cup 17 9:30 Morning News And Movement 10:30 Snack And Carol Burnett 11:00 Pondering Prompt 1:00 Music with Dan Lavine 1:30 Knitting Club 2:00 Snack Prep: PB&J 3:00 Movie Matinee: Hook 4:00 Rest And Reconnect 6:00 Magic Tricks	9:15 2nd Cup 18 9:30 Morning News And Movement 10:30 Snack And Susie Q 11:00 Sign Language 1:00 Laughter Yoga 1:30 Pastor Bill 2:30 Hand Castings 4:00 Rest And Reconnect 6:00 Bingo	9:30 Morning News And Movement 19 10:30 Snack And Conversation 11:00 Sing A Long 1:00 Recreation Hour 2:00 Bubble Painting 3:00 Cognitive puzzles 4:00 Rest And Reconnect 6:00 Evening Movie	9:30 Morning News And Movement 20 10:30 Snack And Hymns 11:00 Word Salad 1:00 Vista Yoga 1:30 "Walking Club"/Nostalgic TV 2:00 Tea And Hot Chocolate Social 3:00 Fabric Painting 4:00 Rest And Reconnect 6:00 Evening Movie
9:30 Morning News And Movement 21 10:30 Snack And Sunday Mass 11:00 Bible Study 1:00 Thank You Cards: APW 2:00 Balloon Tennis 3:00 Karaoke 4:00 Rest And Reconnect 6:00 Evening Movie Activity Professionals Week	9:30 On This Day In History 22 9:45 Exercise With Heather 10:30 Snack And Bob Ross 11:00 Pastel smearing 1:00 Hula Games 2:00 Reading With Curt 3:00 Word Seek Puzzles 4:00 Rest And Reconnect 6:00 Evening Movie	9:15 2nd Cup 23 9:30 Morning News And Movement 10:30 Snack And Live Animal Cam 11:00 Don't Make A Triangle! 1:00 You Be The Judge! 2:00 Drum Circle/Dance 3:00 Lacing Puzzles 4:00 Rest And Reconnect 6:00 Residents Choice	9:15 2nd Cup 24 9:30 Morning News And Movement 10:30 Snack And Meditation 11:00 Teaming Building: Paper Towers 1:00 Stretching/Light Movement 2:00 Baking Club: Muffins 3:00 Fashion Show 4:00 Rest And Reconnect 6:00 Tea And Muffin Social	9:15 2nd Cup 25 9:30 Morning News And Movement 10:30 Snack And Music 11:00 Service with Father Rangers 1:00 Senior Science: Salt Playdough 2:00 Structure Building with Dough 3:00 Choir Practice 4:00 Rest And Reconnect 6:00 Bingo	9:30 Morning News And Movement 26 10:30 Snack And What Is Australia Day? 11:00 How Its Made: Residents Choice 1:00 "walking Club" 1:30 Pastel painting 3:00 Remember When? 4:00 Rest And Reconnect 6:00 Evening Movie Australia Day (Observed)	9:30 Morning News And Movement 27 10:30 Snack And Standup 11:00 Read A Loud 1:00 Vista Yoga 1:30 Pattern Blocks/Puzzles 2:30 Reading Tea Leaves 3:30 Fabric Folding 4:00 Rest And Reconnect 6:00 Evening Movie
9:30 Morning News And Movement 28 10:30 Snack And Sunday Mass 11:00 Bible Study 1:00 Seated Exercise 1:30 Headbands 2:00 Picture it! 3:00 Guess The Sound 4:00 Rest And Reconnect 6:00 Evening Movie	9:30 On This Day In History 29 9:45 Exercise With Heather 10:30 Snack And Sing 11:00 New Year Goals 1:00 Soccer 2:00 Reading With Curt 3:00 Creative Writing 4:00 Rest And Reconnect 6:00 Evening Movie	9:15 2nd Cup 30 9:30 Morning News And Movement 10:30 Snack And Jeopardy 11:00 A Letter To The Future 1:00 Time Capsule Planning 2:00 Game Hour 3:00 Nail Care 4:00 Rest And Reconnect 6:00 Tin Foil Sculptures	9:15 2nd Cup 31 9:30 Morning News And Movement 10:30 Snack And Thank You Card 11:00 Appreciation Board 1:00 One on Ones 1:30 Knitting Club 2:00 Folklore and Creatures 3:00 Animal Guides 4:00 Rest And Reconnect 6:00 Sing A Long			

Activities maybe changed as a result of resident request, Activities are weather dependent, When possible alternate activities are offered throughout the day!